



Allergen Information

Menu: Bread Basket

Date Updated: 26 / 2 / 25

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														Crustaceans	Fish	Molluscs
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) walnuts, hazelnuts, brazil nuts, almonds	Nuts e.g. hazelnuts, walnuts, almonds					
Bread basket	Active Wheat	May			Active	Active	May		May		May	almond, hazlenut, walnut, pistachio, pecan, macadamia					
- Garlic and rosemary tear and share	Active Wheat	May			May	May	May		May		May	almond, hazlenut, walnut, pistachio, pecan.					
- Sea salt cracker	Active Wheat	May			Active	May			May		May	almond, hazlenut, walnut, pistachio, pecan.					
- Grissini	Active Wheat	May			Active	Active	May		May		May	almond, hazlenut, walnut, pistachio, pecan, macadamia					
Extras		May			May	May			May		May	almond, hazlenut, walnut, pistachio, pecan, macadamia					
- Gluten-free bread		May			May	May			May		May	almond, hazlenut, walnut, pistachio, pecan, macadamia					



Allergen Information

Menu: Mezze/Starter

Date Updated: 26 / 2 / 25

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														Crustaceans	Fish	Molluscs
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) walnuts, brazil nuts, hazelnuts, e.g. Nuts						
Mezze		May		May	Activ	May	Activ	May	May	May	May						
- Pitted Spanish olives							Activ										
- Ricotta red pepper dip		May		May	Activ	May	Activ	May	May	May	May						
- Tahini-free houmous									May								
Greek salad				May	Activ			May									
- Tomatoes																	
- Feta					Activ												



Allergen Information

Menu: Starter

Date Updated: 26 / 2 / 25

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Starter				May	Activ		May							
- Cucumber														
- Red onion				May			May							
- Kalamata olives														
- Basil														
- Lemon oil														
Extras														
- Vegan feta														



Allergen Information

Menu: Starters sides

Date Updated: 26 / 2 / 25

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) walnuts, brazil nuts, hazelnuts, e.g. Nuts	Crustaceans	Fish	Molluscs
Starters sides	Wheat Activ	Activ		May	Activ	Activ	May	May	May	May	May	May	May	May
- Spanakopita	Wheat Activ	May		May	Activ	Activ	May	May	May	May	May	May	May	May
- Vine leaves		Activ												



Allergen Information

Menu: Mains

Date Updated: 25 / 2 / 25

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) walnuts, brazil nuts, hazelnuts, e.g. Nuts	Crustaceans	Fish	Molluscs
Mains	May <input type="checkbox"/> Wheat	May <input type="checkbox"/>		Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>	<input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>
- Whole beef chuck	May <input type="checkbox"/> Wheat	May <input type="checkbox"/>		May <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	<input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>
- Lamb stifado	May <input type="checkbox"/> Wheat	May <input type="checkbox"/>		Activ <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>
- Roast brian with feta				May <input type="checkbox"/>	Activ <input type="checkbox"/>		Activ <input type="checkbox"/>							
- Garlic roasted potatoes														
- Jus							Activ <input type="checkbox"/>							



Allergen Information

Menu: Vegetarian Mains

Date Updated: 25 / 2 / 25

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Vegan Mains	May <input type="checkbox"/>	Wheat,barley,oats, rye, spelt, khorasan	Activ <input type="checkbox"/>		Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>				
- Moussaka	May <input type="checkbox"/>	Wheat,barley,oats, rye, spelt, khorasan	Activ <input type="checkbox"/>		Activ <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>					
- Briam with Feta				May <input type="checkbox"/>	Activ <input type="checkbox"/>		May <input type="checkbox"/>							
- Garlic roasted potatoes														
Extras														
- Roasted cauliflower														



Allergen Information

Menu: Vegan Mains

Date Updated: 25 / 2 / 25

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) e.g. hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs
Vegan Mains	May <input type="checkbox"/>	Wheat,barley,oats, rye, spelt, khorasan	Activ <input type="checkbox"/>		Activ <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>				
- Moussaka	May <input type="checkbox"/>	Wheat,barley,oats, rye, spelt, khorasan	Activ <input type="checkbox"/>		Activ <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>				
- Briam					May <input type="checkbox"/>			May <input type="checkbox"/>						
- Garlic roasted potatoes														
Extras														
- Roasted cauliflower														



Allergen Information

Menu: Dessert

Date Updated: 26 / 2 / 25

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) e.g. hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs
Dessert	May <input type="checkbox"/> Wheat	May <input type="checkbox"/>		May <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>		May <input type="checkbox"/>	
- Gluten-free lemon drizzle cake					Activ <input type="checkbox"/>	Activ <input type="checkbox"/>				May <input type="checkbox"/>	May <input type="checkbox"/>			
- Greek yoghurt					Activ <input type="checkbox"/>									
- Dried apricot	May <input type="checkbox"/> Wheat	May <input type="checkbox"/>			May <input type="checkbox"/>		Activ <input type="checkbox"/>		May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>			
- Apricot compote	May <input type="checkbox"/> Wheat	May <input type="checkbox"/>		May <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>	Activ <input type="checkbox"/>	May <input type="checkbox"/>	May <input type="checkbox"/>				May <input type="checkbox"/>	
- Orange confit														
- Orange syrup														



Allergen Information

Menu: Vegan desserts/Extras

Date Updated: 26 / 2 / 25

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) walnuts, brazil nuts, hazelnuts, e.g. Nuts	Crustaceans	Fish	Molluscs
Vegan doughnuts	Wheat Active	May		May	May	May	May	May	May		May		May	
- Doughnuts	Wheat Active													
- Fig jam	Wheat May	May		May	May	May	May	May	May				May	
- Cinnamon sugar														
- Mixed berries														
- Coconut yoghurt														
- Cranberry baklava	Wheat Active													
- Rose and Lemon Turkish delight									May		May			

14 allergens

subject of the Food Information Regulation's Labelling Information Requirement

This table contains the food and drink items we sell that contain allergens; a tick in the box indicates the allergen(s) present.

Food or Drink Item	Allergens Indicates Presence of Allergen													
	GLUTEN	SOYA	LUPIN	CELERY	MILK	EGG	SULPHITES	MUSTARD	SESAME	PEANUTS	NUTS	CRUSTACEANS	FISH	MOLLUSCS
ISLAND OASIS														
VIRGIN COLADA														
KALOKAIRI							✓							
CLASSIC MOJITO							✓							
PASSION FRUIT MARTINI							✓							
NIKOS RUM PUNCH							✓							
SKOPELOS FIZZ							✓							
PINK LEMONADE														
SEX ON THE BEACH														
APEROL SPRITZ							✓							
RED SANGRIA							✓							
WHITE SANGRIA							✓							
LEMON DROP														
PINK SHOT							✓							
ESPRESSO MARTINI							✓							
LYCHEE ROYAL							✓							
STRAWBERRY DAIQUIRI														
PIÑA COLADA														
FRESH PINK LEMONADE														
WILD IDOL ROSE NO ALC WINE							✓							
WILD IDOL WHITE NON ALC WIN							✓							
MERLOT/CORVINA							✓							
ROSSO VERONESE							✓							
VINHO REGIONAL LISBOA							✓							
MENDOZA MALBEC							✓							
MONASTRELL ROSADO							✓							
LUBERON ROSÉ							✓							
STUDIO ROSÉ							✓							
TREBBIANO / GARGANEGA							✓							
VERMENTINO WHITE							✓							
HOLY SNAIL SB							✓							



14 allergens

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Food or Drink Item	Allergens ✓ Indicates Presence of Allergen													
	GLUTEN	SOYA	LUPIN	CELERY	MILK	EGG	SULPHITES	MUSTARD	SESAME	PEANUTS	NUTS	CRUSTACEANS	FISH	MOLLUSCS
GAVI DI GAVI							✓							
PROSECCO SPUMANTE BRUT							✓							
PROSECCO ROSÉ							✓							
MOET IMPERIAL BRUT							✓							
MOET IMPERIAL BRUT ROSE							✓							
MOET GRAND VINTAGE							✓							
RUINART BLANC DE BLANCS							✓							
BIRRA MORETTI	✓													
SOL	✓													
ELB PALE ALE	✓													
HEINEKEN DRAUGHT	✓													
HEINEKEN 0%	✓													
ASPALL CIDER							✓							
TEQUILA ROSE					✓									
FROSÉ							✓							
BRAMBLE							✓							
MARGARITA							✓							
KATE SPECIAL							✓							
VOULEZ BLUE SHOT							✓							

